

Studious Feng Shui for Fall

Accessing self-knowledge and self-cultivation in a study or home office

By Michele Duffy



The desk in this Moraga home shows the proper “commanding position.”

For many of us, the beginning of school and the return of homework assignments reminds us of the importance of feng shui for the student study area or home office. Proper furniture placement, color choice and traffic flow are all factors conducive to fostering the creative, ponderous, and daily pursuit of knowledge, which should be fun, exciting and inspiring.

The Self-Knowledge and Self-Cultivation area of the Feng Shui Bagua map (see diagram, page D12) that correlates with skills, knowledge and studying is located from the front door in the near left area of a home – a very auspicious placement. But don't despair if your office is located in another area. Certain design principles can be used to make a room located elsewhere in the home reflective of good feng shui.



Bamboo is placed on a desk to invite luck into studies and work at this Orinda home.

Photos Michele Duffy

No matter where an office or study area is located, remember to create a quiet, soothing sanctuary away from heavy traffic flow and daily household commotion. If space is an issue, choose an area off to one corner in as secluded a spot as possible, in the quietest part of the space.

Placing a desk in the “commanding” position – diagonally facing the door, so you can see who enters the room, with your back facing a solid wall – makes a huge difference energetically for a more positive study or work outcome. This placement will help you feel more in control and confident of your abilities while enhancing comprehension and retention, and you will feel more inspired, organized, focused and happy. ... continued on page D12